

# TRAINING COURSE



Product ID: RGT9

Description: Fixed Access Ladder Rescue

**Prerequisite - Must have completed RGT1 or equivalent recognised course and must be physically able to carry out the practical elements of the course.**

## Course:

This half day training course provides the core knowledge required to select, inspect, set up and use safety harnesses and emergency descent equipment for either rescue or evacuation on a fixed access ladder.

## Course Objectives:

This course will give the delegates the practical skills on how to use the RGR14 Ridge Rescue Kit to rescue a casualty to the ground. Raising or lowering techniques can be deployed using the rescue device to allow movement to a safe location. On completion of the course, delegates should be able to identify suitable anchor points, identify safe descent paths whilst taking care of a casualty. Delegates must have successfully completed a recognised fall protection equipment, awareness & inspection course.

## Who will benefit?

All personnel in your organisation involved in planning, carrying out, supervising and managing rescue from height in the work place.

## Course Content:

- Requirements for rescue (Work at Height Regulations 2005)
- Legislation / mechanics of a fall
- Pre-use inspection & function checks (includes practical exercise)
- Site considerations (anchor points, drop zones, general observations)
- Donning a harness (practical exercise)
- Storage, care and maintenance of equipment
- RGR14 Ridge Rescue Kit
- Raising and lowering techniques
- Identification of safe descent paths
- Suspension trauma / casualty care

## Training Methods:

Lectures, printed course material, practical demonstrations and hands on exercises in inspecting, checking, setting up and using evacuation and rescue equipment using our specially built rescue training rig.

## Certification:

Successful delegates will receive a 3 year RidgeGear certificate.

## PPE Requirements:

Delegates must provide their own comfortable clothing, protective footwear and prepare for all weather conditions. Delegates may be required to provide their own PPE.

**Course duration / Number of delegates:**

The course is designed for up to 6 delegates at any one time and is held over a half a day, typically 09:00 - 12:00 and 13:00 - 16:00.