

TRAINING COURSE



Product ID: RGT6

Description: Emergency Rescue & Evacuation at Height

Prerequisite – Must meet the minimum age of 18 years and must be fluent in English. Delegates must show evidence of their competency for working at height. It is advised that anyone attending the course has completed the 'RGT1 Fall Protection Equipment, Awareness & Inspection' or equivalent recognised course. Delegates must be physically able to carry out the practical elements of the course.

Course:

This full day training course provides the basic knowledge required to select, inspect, set up and use height safety PPE and emergency descent equipment for either rescue or evacuation at height.

Course Objectives:

This practical course provides awareness of a wide range of fall protection equipment together with practical training in the use of the equipment. The course will identify the dangers when working at height and give the delegates an understanding of suitable anchor points. Delegates will be able to combine the safe use of fall protection equipment with correct set up and use of rescue and evacuation products.

Who will benefit?

All personnel in your organisation involved in planning, carrying out, supervising and managing rescues from height in the work place.

Course Content:

- Legislation / guidance
- Mechanics of a fall
- Correct selection of fall protection equipment (includes common hazards associated with different equipment types including practical exercise)
- Anchor points and devices
- Donning a harness (refreshing skills)
- Safe use of safety harnesses & lanyards
- Rescue from horizontal and vertical fall arrest systems
- Equipment compatibility
- Correct working methods
- Work restraint / work positioning / fall arrest
- Requirements for rescue (Work at Height Regulations 2005)
- Use of tag line
- Stretcher fitting
- Nappy harness fitting
- Identification of safe descent paths
- Rescue from a leading edge
- Contents of rescue systems
- Site considerations (anchor points, drop zones, general observations)
- Pre-use inspections & function checks (including practical session)
- Setting up of equipment (including practical session)
- Using equipment of evacuation and rescue (including practical session)

Training Methods:

Lectures, printed course material, practical demonstrations and hands on exercises in inspecting, checking, setting up and using evacuation and rescue equipment. All training is designed and delivered to meet BS 8454:2006 code of practice for the delivery of training and education for work at height and rescue.

Certification:

Successful delegates will receive a 3 year RidgeGear certificate.

PPE Requirements:

Delegates must provide their own comfortable clothing, protective footwear and prepare for all weather conditions. Delegates may be required to provide their own PPE but this will be communicated by RidgeGear in the planning stage of training.

Course duration / number of delegates:

This course is designed for up to 6 delegates at any one time and is held over a full day, typically 09:00 – 16:00.