RGT6

RESCUE & EVACUATION AT HEIGHT

Course:

The Working at Height Regulations 2005 require employers to make specific provisions for emergency planning, this includes planning for emergencies and rescue for anyone working at height. This course provides awareness of a wide range of fall protection equipment together with practical training in the use of the equipment. The course will identify the dangers when working at height and give the delegates an understanding of selecting suitable anchor points. Delegates will be able to combine the safe use of fall protection equipment with the correct set up and use of rescue and evacuation products.

Duration:

8 hours

Max number of delegates:

6

Prerequisite:

Delegates must:

- Meet the minimum age of 18 years old
- Be fluent in English
- Be medically fit and complete the medical form to carry out the practical elements of the course
- Be under the weight of 140kg
- Must hold an in date harness training qualification (RGT1)

Training methods:

- Theoretical and practical
- Printed course material provided
- Training delivered to BS 8454:2006

Assessment criteria:

- Theoretical assessment
- Practical assessment

Certification:

- 3 Year RIDGEGEAR Certificate
- Delegates must keep up their CPD by attending regular training to refresh their skillset

PPE requirements:

Delegates must provide their own:

- Suitable clothing
- Protective footwear
- Safety gloves

Course content:

- Legislation and guidance
  - Health and Safety at Work Act 1974
  - Personal Protective Equipment Regulations 2022
  - Working at Height Regulations 2005
  - Lifting Operations and Lifting Equipment Regulations 1998
- Use of Equipment for Working at Height
  - Harnesses
  - Lanyards
  - Helmets
  - Connectors
  - Anchor slings
- Inspection and Service
  - CE marking and equipment traceability
  - Equipment inspection definitions
  - Quarantine and obsolescence procedures
  - Pre-use inspection of harness and lanyard
  - Care and storage of equipment
- Methods of Work
  - Managing and selecting equipment for work at height
  - Common hazards
  - Site zoning
  - Work restraint, work positioning and fall arrest working methods (practical)
  - Fall factors and ground clearances
  - Suitable anchor points
- Rescues and Rescue Planning
  - Rescue harness and stretcher fitting
  - Use of tag lines
  - Identification of safe descent paths
  - Correct set up and use of rescue & evacuation equipment
  - Suspension intolerance
  - Casualty care and accident reporting

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