

## TRAINING COURSE

**Product ID:** RGT6  
**Description:** Rescue & Evacuation at Height  
**Duration:** 1 Day  
**Max Number of Delegates:** 6

### Prerequisite:

- Delegates must show evidence of their competency for working at height. It is advised that anyone attending the course has completed the 'RGT1 Harness Training & Work at Height Awareness' or equivalent recognised course.
- Delegates must meet the minimum age of 18 years and be fluent in English.
- Delegates must be medically fit and be physically able to carry out the practical elements of the course. Delegates will be required to sign a medical statement from before the start of the course.

### Course:

The Working at Height Regulations 2005 require employers to make specific provisions for emergency planning, this includes planning for emergencies and rescue for anyone working at height. This course provides awareness of a wide range of fall protection equipment together with practical training in the use of the equipment. The course will identify the dangers when working at height and give the delegates an understanding of selecting suitable anchor points. Delegates will be able to combine the safe use of fall protection equipment with the correct set up and use of rescue and evacuation products.

### Course Content:

- Legislation / guidance
- Mechanics of a fall
- Correct selection of fall protection equipment (includes common hazards associated with different equipment types)
- Anchor points and devices
- Safe use of safety harnesses & lanyards
- Rescue and evacuation from horizontal and vertical fall arrest systems
- Correct working methods
- Use of tag lines
- Stretcher fitting
- Rescue harness fitting
- Identification of safe decent paths
- Contents of rescue systems
- Site considerations (anchor points, drop zones, general observations)
- Pre-use inspections & function checks
- Setting up of equipment
- Using equipment of evacuation and rescue

### Training Methods:

This training course combines theory and practical training methods to ensure delegates receive the information required in preparation for their assessment. Printed course material, practical demonstrations and hands on training will be conducted throughout the course. All training is designed and delivered to meet BS 8454:2006 code of practice for the delivery of training and education for work at height and rescue.

### Certification:

On successful completion of the course, delegates will receive a 3 year RIDGEGEAR certificate. Delegates must keep up their CPD by attending regular training to refresh their skillset.

### PPE Requirements:

Delegates must provide their own comfortable clothing, protective footwear, safety gloves, high visibility jacket and prepare for all weather conditions. Delegates may be required to provide their own PPE but this will be communicated by RIDGEGEAR in the planning stage of training.