

# TRAINING COURSE



Product ID: RGT3

Description: Competent Person - Periodic Inspection of PPE

## Course:

This two day training course provides the core knowledge required to correctly inspect safety harness and associated fall protection equipment.

## Course Objectives:

To provide competency for a delegate to carry out the statutory inspections to general items of fall protection equipment and accurately record the findings.

## Who will benefit?

All personnel in your organisation involved in the use of fall prevention / protection equipment for working at height.

## Course Content:

- This course incorporates the RGT1 course
- Legislation / guidance
- Mechanics of a fall
- Selection of fall protection equipment (includes common hazards associated with different equipment types including practical exercise)
- Pre use inspection (includes practical exercise)
- Anchor points and devices
- Equipment failure videos
- Pre use inspection (includes practical exercise)
- Donning a harness (includes practical exercise)
- Storage, care and maintenance
- Statutory inspections
- Identifying faults and damage (practical assessment)
- Theory test paper (multiple choice)

## Training Methods:

Lectures, printed course material, hands on equipment, practical exercises and pre use inspection exercise.

## Certification:

Successful delegates will receive a 3 year RidgeGear certificate on completion.

## PPE Requirements:

No PPE Requirements

## Course duration / Number of delegates:

The course is designed for up to 8 delegates at any one time and is held over two full days, typically 09:00 - 16:00