

TRAINING COURSE



Product ID: RGT2:LE

Description: Working at height – Leading Edge

Prerequisite – Must meet the minimum age of 18 years and must be fluent in English. Delegates must show evidence of their competency for working at height. It is advised that anyone attending the course has completed the 'RGT1 Fall Protection Equipment, Awareness & Inspection' or equivalent recognised course. Delegates must be physically able to carry out the practical elements of the course.

Course:

This training course is intended to provide the theoretical & practical knowledge on the correct use of fixed length lanyards and adjustable restraint systems whilst being attached to a horizontal lifeline to allow an operative to work up to a leading edge.

Course Objectives:

This practical course provides awareness of a wide range of fall protection equipment together with practical training in the use of the equipment. The course will identify the dangers when working at height and give the delegates an understanding of suitable anchor points. Delegates will be able to install temporary horizontal safety lines and use a variety of fixed and adjustable restraint lanyards whilst working up to a leading edge.

Who will benefit?

All personnel in your organisation involved in planning, carrying out, supervising and managing work at height in the work place.

Course Content:

- Legislation / guidance
- Correct selection of fall protection equipment (includes common hazards associated with different equipment types including practical exercise)
- Pre-use inspection of equipment (includes practical exercise)
- Suitable anchor points
- Donning a harness (refreshing skills)
- Safe use of safety harnesses & lanyards
- Installation of temporary horizontal lifelines
- Leading edge
- Equipment compatibility
- Correct working methods
- Fixed length restraint lanyards
- Adjustable restraint lanyards
- Overhead safety lines
- Fall arrest working methods
- Rescue requirements
- Storage and equipment care

Training Methods:

Lectures, printed course material, practical demonstrations and hands on exercises in inspecting, checking and setting up work restraint systems. All training is designed and delivered to meet BS 8454:2006 code of practice for the delivery of training and education for work at height and rescue.

Certification:

Successful delegates will receive a 3 year RidgeGear certificate

PPE Requirements:

Delegates must provide their own comfortable clothing, protective footwear and prepare for all weather conditions. Delegates may be required to provide their own PPE but this will be communicated by RidgeGear in the planning stage of training.

Course duration / Number of delegates:

The course is designed for up to 6 delegates at any one time and is held over half a day, typically 09:00 – 12:00 or 13:00 – 16:00.