

TRAINING COURSE



Product ID: RGT1

Description: Fall Protection Equipment, Awareness & Inspection

Course:

This half day training course provides the core knowledge required by any user of safety harnesses, lanyards, anchor points and their associated products.

Course Objectives:

To enable a delegate to identify the intended use of common items of fall protection equipment, requirements for pre-use inspection and correct fitting and adjustment of a full body harness.

Who will benefit?

All personnel in your organisation involved in the use of fall prevention / protection equipment for working at height.

Course Content:

- Legislation / guidance
- Mechanics of a fall
- Physics involved during a fall
- Fall factors
- Correct selection of fall protection equipment (includes common hazards associated with different equipment types including practical exercise)
- Pre-use inspection of equipment (includes practical exercise)
- Anchor points and devices
- Donning a harness (includes practical exercise)
- Storage, care and maintenance
- Rescue requirements and options
- Theory test paper (multiple choice)

Training Methods:

Lectures, printed course material, hands on equipment, practical exercises and pre-use inspection exercise.

Certification:

Successful delegates will receive a 3 year RidgeGear certificate on completion.

Course duration / Number of delegates:

The course is designed for up to 10 delegates at any one time and is a half day course, typically 09:00 - 12:00 and 13:00 - 16:00.