

# TRAINING COURSE



**Product ID:** RGT1.1 MEWP

**Description:** MEWP Harness Use, Awareness & Inspection

## Course:

This full day training course provides the core knowledge required for correct selection, inspection and use of PFPE for working in MEWPS.

## Course Objectives:

To enable a delegate to identify the intended use of common items of fall prevention / protection equipment, requirements for inspection, correct fitting and adjustment of a full body harness.

## Who will benefit?

All personnel in your organisation involved in the use of fall prevention / protection equipment for working at height in MEWPS.

## Course Content:

- Legislation / guidance
- Mechanics of a fall
- Physics involved during a fall
- Fall factors
- Selection of fall protection equipment (includes common hazards associated with different equipment types including practical exercise)
- Correct selection of working methods (Avoidance, Work Restraint, Work Positioning and Fall Arrest)
- Harness and lanyard inspection (includes practical exercise)
- Declaration of Conformity, traceability, inspection and record keeping of PPE
- Strengths and characteristics of equipment including limitations of use and quarantine procedures.
- Anchor points and devices
- Donning a harness (includes practical exercise)
- Storage, care and maintenance
- Rescue requirements and options
- Theory test paper (multiple choice)

## Training Methods:

Lectures, printed course material, hands-on equipment, practical exercises and inspection exercise.

## Certification:

Successful delegates will receive a 5 year IPAF recognised certificate on behalf of RidgeGear.

## Course duration / Number of delegates:

The course is designed for up to 10 delegates at any one time and is a full day course, typically 09:00 - 16:00.