

TRAINING COURSE



Product ID: RGT11

Description: Medium Risk / Confined Space Access & Egress

Prerequisite - Delegates must have previously completed the RGT1 or similar recognised training course and must be physically able to carry out the practical elements of the course.

Course:

This full day training course provides the core knowledge required by any user of confined space equipment.

Course Objectives:

On completion of the course the individual will be able to enter and work safely within the confined spaces, using the necessary and appropriate equipment.

Who will benefit?

Designed for companies whose staff may be required to enter areas that are classified as confined spaces and where there may be a risk of serious injury or death. The aim of this course will be to provide awareness of a safe working environment within a confined space and to make staff aware of procedure, to ensure a safe access and egress from a confined space and to have emergency procedures in place in the event of an emergency arising whilst operators are working in the confined space. This course will include the confined space regulations 1997 and other legislation.

Course Content:

- Company Health & Safety Policy and Safe System of work
- The Confined Space Regulations, Health & Safety at Work Act, Management of Health and Safety at Work
- Personal Protection Equipment Regulations, Provision and use of Work Equipment Regulations,
- Control of Substances Hazardous to health (COSHH) Regulations, Noise at Work Regulations
- Interpretation and recognition of confined spaces
- Safe working in confined spaces
- Use of permit to work procedures
- Plant and equipment, suitability and type
- Use of personal protective equipment
- Daily checks of equipment and maintenance of PPE
- Monthly maintenance
- Manning levels
- Communication equipment and procedures
- Emergency procedures

Training Methods:

Lectures, printed course material, hands on equipment, practical exercises and pre use inspection exercise.

Certification:

Successful delegates will receive a 3 year RidgeGear certificate on completion.

PPE Requirements:

Delegates must provide their own comfortable clothing, protective footwear and prepare for all weather conditions. Depending on the location, delegates may have to provide their own PPE.

Course duration / Number of delegates:

The course is designed for up to 6 delegates at any one time and is held over a full day, typically 09:00 - 16:00.