

## TRAINING COURSE

**Product ID:** RGAT4  
**Description:** RIDGEGEAR Adventure Rescue  
**Duration:** Maximum 4 Days  
**Max Number of Delegates:** 4

**Prerequisite** – Delegates must meet the minimum age of 18 years and be fluent in English. Delegates must be physically able to carry out the practical elements of the course and must be confident with heights. Delegates must have successfully completed either one of the following courses (or equivalent) before attending this training and must be within date of certification:

- RGAT1
- RGAT2
- RGAT3

### Course:

This training course provides delegates with the relevant information and skills to safely perform rescues at height for Adventure Parks or Traditional High Ropes Courses. This course is delivered through a combination of theory and practical training. The duration of this course will depend on the sites rescue training requirements.

### Course Objectives:

To provide the relevant skills and knowledge to a delegate so they can perform rescues at height for Adventure Parks or Traditional High Ropes courses.

### Course Content:

- Regulations
- Requirements for Rescue
- Types of Rescue Equipment
- Pre-Use Inspections of PPE
- Storage Care and Maintenance of Rescue Equipment
- Casualty Care
- Instructor & Participant Safety
- Anchor Points

### Training Methods:

This training course combines theory and practical training methods to ensure delegates receive the information required in preparation for their assessment. Printed course material, practical demonstrations and hands on training will be conducted throughout the course. All training is designed and delivered to meet BS 8454:2006 code of practice for the delivery of training and education for work at height and rescue, and meets the training requirements set out in EN 15567.

### Certification:

On successful completion of the course, delegates will receive a 3 year certificate for either:

- RGAT Adventure Park Rescue
- RGAT Traditional High Ropes Rescue
- Or both, depending on the level of training required, delivered and assessed.

Rescuers must keep up their CPD by attending regular on-site training to refresh their skillset.

### PPE Requirements:

Delegates must provide their own comfortable clothing, protective footwear and prepare for all weather conditions. Delegates may be required to provide their own PPE but this will be communicated by RIDGEGEAR in the planning stage of training.